

RULES AND REGISTRATION DETAILS

2018 version

9th Open ORLEANS ASPTT Kata

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It should be noted that the male gender used in this text also refers to the female one.

9th Open ORLEANS ASPTT Kata

Depending on the categories, there will be 3 groups of individual competitors:

1. Pupils U10 (2008-2009), Youngest U12 (2006-2007), School juniors U14 (2004-2005) male and female.
2. Cadets U16 (2002-2003), Juniors U18 (2000-2001), Seniors U35 (1999 and before) and Veterans 1 U46 (1972 to 1982), Veterans 2 U56 (1962 to 1971), Veterans 3 U66 (1952 to 1961) and Veterans 4 U76 (1951 and before).
3. Female Open (from School juniors to seniors), Male Open (from School juniors to seniors).

Depending on the categories, there will be 3 groups of team competitors:

1. Youngest and School junior Teams, male and female U12, U14.
2. Cadet-Junior Teams, male and female U18.
3. Open Teams, male, female or mixed U35 to U76.

Decisions will be made with the flag system.

Rules

The competitions will apply the direct elimination system with repechage for the two 3rd places, except for the Open category (direct elimination only).

Rules

ARTICLE 1: COMPETITION AREA

The competition area must be flat and devoid of hazard.

The competition area must be of sufficient size to permit the uninterrupted performance of Kata.

ARTICLE 2: OFFICIAL DRESS

Competitors must wear a Karate-gi or a tracksuit, coaches a tracksuit and trainers and referees must wear the official uniform.

The Referee Commission may disbar any official person or competitor who does not comply with this rule.

REFEREES:

Referees must wear the official uniform defined by the Referee Commission.

The official uniform will be as follows:

- A single breasted navy blue blazer bearing two silver buttons.
- A white shirt with short or long sleeves, depending on the weather.
- An official tie, worn without tiepin.
- Plain light-grey trousers without turn-ups.
- Plain dark blue or black socks and black slip-on shoes for use on the competition area.

COMPETITORS:

Competitors must wear a white karate-gi without stripes or piping. The club badge will be worn on the left side of the jacket and may not exceed an overall size of 100 cm². The original manufacturer's brand may be displayed on the karate-gi (at the right bottom of the jacket and at the waist for the trousers). An identification number issued by the Organising Committee will be worn on the back. One competitor must wear a red belt and the other a blue belt. The belts must be around 5 cm wide and of a length sufficient to allow 15 cm free on each side of the knot.

The jacket, when tightened around the waist with the belt, must be of a minimum length that covers the hips, but must not be more than three-quarters thigh length. Female competitors may wear a plain white T-shirt beneath the Karate jacket. Male competitors may not wear any T-shirt beneath the Karate jacket.

The maximum length of the jacket sleeves should not be longer than the bend of the wrist and shorter than halfway down the forearm. Jacket sleeves may not be rolled up. Taking off the jacket is forbidden, even for the respiratory Katas.

The trousers must be long enough to cover at least three quarters of the shin and should not be rolled up. The trousers must not go beyond the anklebone.

Rules

Competitors must keep their hair clean and cut to a length that does not prevent the smooth performance of the kata. Hachimaki (headband) is not allowed.

Should the Referee consider any competitor's hair too long and/or unclean, he may disbar the contestant. Hair slides and hairpins should be discreet.

The wearing of any other clothing or equipment is forbidden.

The use of bandages or supports because of injury must be approved by the Official Doctor.

ARTICLE 3: PARTICIPATION

Registration fees for competitors and teams have to be paid to the organiser at the registration.

Registration fees are not redeemable even if the registered competitor does not participate.

Participants must be insured against accidents. The organiser is not liable for any accident.

ARTICLE 4: REGISTRATION and AWARDS

The Open Kata is restricted to clubs and competitors members of a federation affiliated to the EKF or the WKF.

Only competitors registered on the official lists of participants will be allowed to participate to the competition.

No registration will be taken on-site and no replacement of competitor will be accepted.

Prizes will be given after the finals.

There will be cash for seniors and veterans, gift cards for juniors and cadets and cups and trophies for the other categories.

ARTICLE 5: ORGANISATION OF THE COMPETITION

Kata competition takes the form of individual and team matches.

A competitor or a team will be expected to perform a Kata from the list (Annex 2) corresponding to his age category. Variations as taught by the contestant's school are permitted. The score table will be notified of the choice of Kata prior to each round.

Individual competitors or teams not presenting at the call will be disqualified (Kiken).

In Open, the competitor will be able to perform the Kata of his choice, from the list of his style, without the category distinction.

Individual competition:

Rules

The individual match consists of individual performance in separate male and female divisions, and in age categories.

The pupil U10 and youngest U12 categories should perform a Kata from the list (see Annex 2) in each round. The competitor can perform two Katas twice (joker).

The school junior category will be expected to perform a Kata from the list (see Annex 2).

In the other categories, a Kata can only be performed once. Kata will be in accordance with the schools of recognised Karate-do, based on the Goju-Ryu, Shito-Ryu, Shotokan and Wado-Ryu systems.

Team competition:

The competitors of a same team must come from the same club, or have an agreement.

The teams can exclusively be male or female. (Except for the **OPEN** teams, where the composition can be male, female or mixed).

The Open teams can be formed with competitors from the Senior category to the Veteran category. (The over-classification of one Cadet or Junior in the team is allowed)

The Youngest-School junior teams can be composed of: 2 boys and 1 girl or, 2 girls and 1 boy or, 3 boys, or 3 girls. The team will be in either the male or female category depending on its gender majority.

All the teams (Youngest-School junior, Cadet-Junior and Open) should perform a different Kata in each round.

During the finals, only the Cadet-Junior teams have to perform a bunkai.

A team has to be composed of the same competitors during the whole competition. No replacement is allowed. The team will be disqualified if one competitor is changed.

For the competition of Open teams, there will be no Bunkai during the finals.

Over-classification:

The over-classification of 2 School junior competitors is allowed in Cadet-Junior teams.

The over-classification of one Pupil competitor is allowed in Youngest-School junior teams.

ARTICLE 6: COMPETITION HOLDING

At the beginning of each round, after an announcement of their Kata at the score table and in answer to their names, the two competitors or teams, one wearing a red belt (AKA) and the other wearing a blue belt (AO), will line up at the match area perimeter facing the Chief Kata Judge.

Following a bow to the Judging Panel, AO will then step back out of the match area and await his performance. AKA moves to the starting position in the match area. After another bow to the Referee Panel and after the announcement of the name of the Kata to be performed, AKA will begin. On completion of the

Rules

Kata, AKA will leave the area to await the performance of AO. After AO's Kata is completed, both will return to the match area perimeter and await the decision from the Panel.

If the Kata does not conform to the Rules, or if there is some irregularity, a Judge may call the other Judges to reach a verdict, if necessary, and after the performance of both competitors.

If a competitor or a team is disqualified, the Chief Judge will cross and uncross the flags. The opposing contestant or team is the winner. During the elimination rounds, it is possible to disqualify both competitors or both teams. In the final, the Referee Panel has to set the final ranking.

After completion of both Kata, the competitors will stand side by side on the perimeter. The Chief Judge will call for a decision (HANTEI) and blow twice on the whistle.

The three flags will be raised simultaneously.

To lower the flags, the Judge will blow a short blast on the whistle.

The decision will be either for AKA or AO, no ties are permitted. The competitor or the team who receives two or three flags (majority decision) will be declared the winner. After the decision, the competitors will bow to each other, then to the Referee Panel and leave the area.

The competitor or the team should have 2 minutes to recover between each Kata.

ARTICLE 7: THE REFEREE PANEL

For each match, the panel of three or five Judges will be named by the Referee Commission or Match Area Controller.

The Judges of a Kata match should not be from the same club of either participants. For the semi-finals and the finals, the Judging Panel must be neutral. (When the number of Judges is sufficient to do so.)

Scorekeepers and caller/announcers will be appointed by the Referee Panel.

The persons at the score table will have the rules and the official list of Kata for each category and warn children (-12 year old) who are about to perform a forbidden Kata.

ARTICLE 8: CRITERIA FOR DECISION

The Kata must be performed correctly and the performance must demonstrate a clear understanding of the traditional principles. In assessing the performance of a competitor or team the Judges will take into account:

- A realistic demonstration of the Kata meaning.
- The understanding of the techniques being used (BUNKAI).
- Good timing, rhythm, speed, balance, and focus of power (KIME)
- Correct and proper use of breathing as an aid to KIME.
- Correct focus of attention (CHAKUGAN) and concentration.
- Correct stances (DACHI) with proper tension in the legs, and feet thoroughly on the floor.
- Proper tension in the abdomen (HARA) and no bobbing up and down of the hips when moving.
- Correct form (KIHON) of the style being demonstrated.

The performance should also be evaluated with other criteria such as the difficulty of the presented Kata.

Rules

In Team Kata, synchronisation without external help is an added factor.

A competitor will be disqualified:

- If he stops the performance
- If he falls
- If he performs a different Kata from the one announced (* tolerance is given in the -12 categories)
- If he forgets a technique or makes an additional move
- If he commits a misconduct or a mistake
- If he changes the orientation of the move (EMBUSEN of the Kata) to avoid a Judge.

For the -12 categories, in case of a mistake, the competitor is allowed to start over, but the Judges must designate his opponent as the winner (and not only the Chief Judge).

ARTICLE 9: OFFICIAL PROTEST

The Match Area Controller should immediately be notified when the administrative malfunction is detected. He will immediately take appropriate action. His decision may be appealed to the head referee or the head Kata and as soon as the performance of both competitors or both teams is completed.

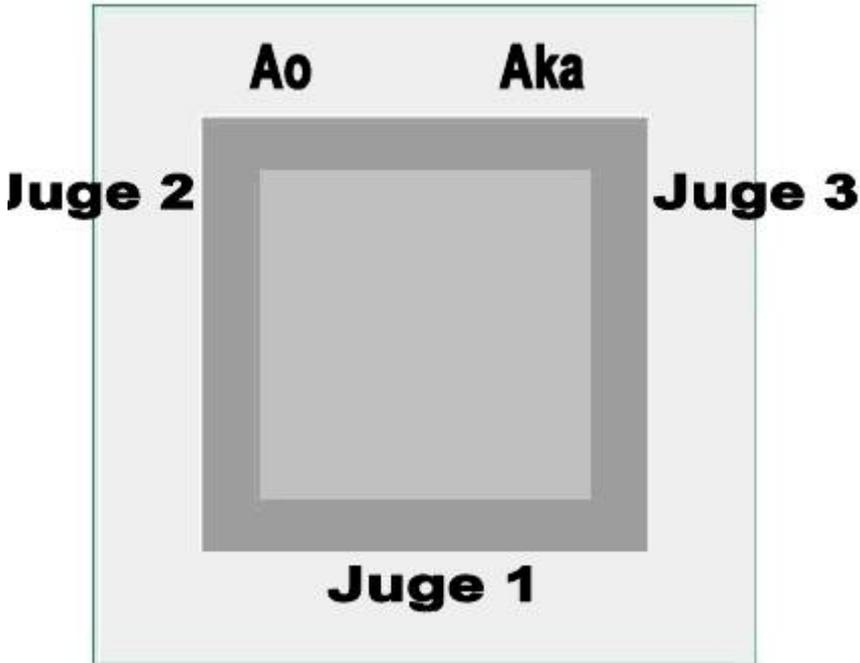
This protest can only be about a point of the rules and not about a Judgement of the members of the Referee Panel.

ARTICLE 10: MODIFICATIONS

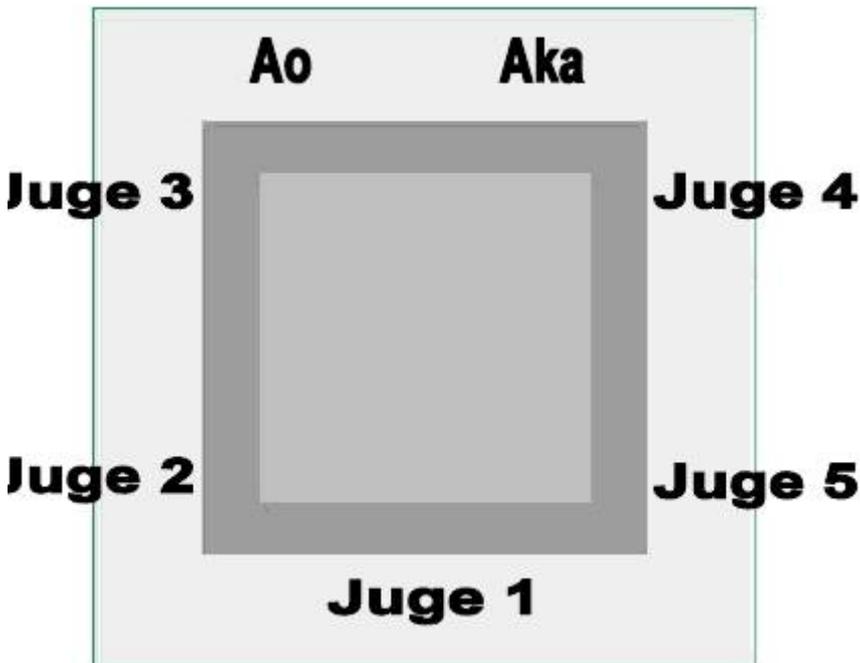
Only the Organising Committee can alter or modify these rules.

Rules

ANNEX 1: LAYOUT OF THE COMPETITION AREA



tes :



Rules

ANNEX 2: KATA LIST

- PUPILS U10(2008-2009)

- YOUNGESTS U12 (2006-2007)

- SCHOOL JUNIORS U14 (2004-2005)

- CADETS (2002-2003), JUNIORS (2000-2001), SENIORS (1999 and before), VETERANS 1 - U46 (1972 to 1982), VETERANS 2 - U56 (1962 to 1971), VETERANS 3 - U66(1952 to 1961) et VETERANS 4 -U76 (1951 and before).

PUPILS

| <u>SHOTOKAN</u> | <u>WADO RYU</u> | <u>SHITO RYU</u> | <u>GOJU-RYU</u> |
|--|-----------------|--------------------|------------------|
| TAIKYOKU SHODAN | TAIKYOKU SHODAN | JUNI NOKATA SHODAN | SHIHOU UKE ICHI |
| TAIKYOKU NIDAN | TAIKYOKU NIDAN | JUNI NOKATA NIDAN | SHIHOU UKE NI |
| TAIKYOKU SANDAN | TAIKYOKU SANDAN | JUNI NOKATA SANDAN | SHIHOU UKE SAN |
| HEIAN SHODAN | PINAN SHODAN | PINAN SHODAN | FUKIYU KATA ICHI |
| HEIAN NIDAN | PINAN NIDAN | PINAN NIDAN | FUKIYU KATA NI |
| HEIAN SANDAN | PINAN SANDAN | PINAN SANDAN | GEKISAI DAI ICHI |
| HEIAN YODAN | PINAN YODAN | PINAN YODAN | GEKISAI DAI NI |
| HEIAN GODAN | PINAN GODAN | HINSEI 1 and 2 | |
| KATAS FOR FINALS AND REPECHAGE FINALS | | | |
| BASSAI DAI | BASSAI | BASSAI DAI | SAIFA |

YOUNGESTS

| <u>SHOTOKAN</u> | <u>WADO RYU</u> | <u>SHITO RYU</u> | <u>GOJU-RYU</u> |
|--|------------------|------------------|------------------|
| 5 HEIAN | 5 PINAN | 5 PINAN | FUKIYU KATA ICHI |
| TEKKI SHODAN | NAIFANCHI SHODAN | SHIN SEI 1 and 2 | FUKIYU KATA NI |
| BASSAI DAI | BASSAI | SAIFA | GEKISAI DAI ICHI |
| | | SEIENCHIN | GEKISAI DAI NI |
| | | JION | SAIFA |
| | | SEIPAI | |
| KATAS FOR FINALS AND REPECHAGE FINALS | | | |
| KANKU DAI | KUSHANKU | KOSOKUN DAI | SEIUNCHIN |
| EMPI | WANSHU | SAIFA | SHISOUCHIN |
| JION | JION | SEIENCHIN | SEIPAI |
| | | JION | SANSEIRU |
| | | SEIPAI | |

Rules

SCHOOL JUNIOR

| <u>SHOTOKAN</u> | <u>WADO RYU</u> | <u>SHITO RYU</u> | <u>GOJU-RYU</u> |
|-----------------|------------------|------------------|------------------|
| 5 HEIAN | 5 PINAN | 5 PINAN | FUKIYU KATA ICHI |
| TEKKI SHODAN | NAIFANCHI SHODAN | SHIN SEI 1 and 2 | FUKIYU KATA NI |
| BASSAI DAI | BASSAI | SAIFA | GEKISAI DAI ICHI |
| KANKU DAI | KUSHANKU | SEIENCHIN | GEKISAI DAI NI |
| EMPI | WANSHU | JION | SAIFA |
| JION | JION | SEIPAI | SEIUNCHIN |
| | | KOSOKUN DAI | SHISOUCHIN |
| | | | SEIPAI |
| | | | SANSEIRU |

MAIN KATA LIST OF THE WORLD KARATE FEDERATION

CADETS, JUNIORS AND SENIORS

KATAS ARE GIVEN IN ALPHABETICAL ORDER.

Anan, Anan dai, Annanko, Aoyagi, Bassai dai, Bassai sho, Chatanyara
Kushanku, Chinte, Chinto, Enpi, Fukygata1-2, Gankaku, Garyu, Gekisai 1-2,
Gjushiho, Gojushiho dai, Gojushiho sho, Hakucho, Hangetsu, Haufa, Heian 1-
5, Heiku, Ishimine bassai, Itosu rohai 1-3, Jiin, Jion, Jitte, Jyuroku, Kanchin,
Kanku dai, Kanku sho, Kanshu, Kosokun, Kosokun dai, Kosokun sho,
Kosokun shiho, Kururunfa, Kusanku, Matsumura rohai, Mattskaze,
Matusumura bassai, Meikyo, Myojo , Naifanchin 1-3, Nijushiho, Nipaipo,
Niseishi, Ohan, Pachu, Paiku, Papuren, Passai, Pinan1-5, Rohai, Saifa,
Sanchin, Sanseiru, Sanseru, Seichin, Seienchin, Seipai, Seirui, Seisan, Shinpa,
Shinsei, Shisochin, Sochin, Suparinpei, Tekki 1-3, Tensho, Timorai bassai,
Useishi, Unsu, Wankan, Wanshu.